

# Summer Study Abroad Program

Sponsored by:

HellenicAmericanUniversity

## A BYZANTINE WALK ACROSS GREECE HOSTED BY BISHOP DEMETRIOS OF MOKISSOS

### I. Itinerary Overview

Departure – Sunday, June 25th, 2023

**DAY 1 – Monday, June 26th, 2023**

- Arrival at Eleftherios Venizelos Airport
- Transfer to the hotel/ apartments by private bus
- Check in, Relax Time
- Walk towards Syntagma Square – Watch the changing of the Guards
- Welcome Dinner at a traditional Greek tavern

**DAY 2 – Tuesday, June 27th, 2023**

11:00: Program & Campus Orientation (Hellenic American University)  
12:30: Lunch (included)  
14:30: Lecture and Discussion: “Athens: The Cradle of Democracy.”  
The group will visit the Acropolis Hill and the New Acropolis Museum (HAUniv Faculty Member, use of metro)  
19:00: Free Time

**DAY 3 – Wednesday, June 28th, 2023**

10:00: Lecture and Discussion: “Byzantine Athens.” The group will visit the Byzantine and Christian Museum and several Byzantine churches in the city (HAUniv Faculty Member)  
14:00: Cooking Class – Lunch Included  
17:00: Free Time

**DAY 4 – Thursday, June 29th, 2023**

10:00: Visit the Middle Byzantine Monastery of Dafni  
13:00: Lunch (included)  
• Free time

**DAY 5 – Friday, June 30th, 2023**

08:00: Departure for Meteora by private bus (HAUniv Faculty Member)  
12:00: Visit the Monasteries - Lecture and Discussion: “The Orthodox Monasticism”  
18:00: Dinner in Meteora/ Kalampaka (included)  
• Overnight in Meteora/ Kalampaka

**DAY 6 – Saturday, July 1, 2023**

08:00: Departure for Delphi  
11:00: Visit the archaeological site of Delphi and its Museum - Discussion on ancient Greek sanctuaries  
14:00: Lunch at Delphi (included)  
16:00: Transfer to Arachova– Walk around the village/ Free time  
• Overnight in Arachova

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*Hellenic American University operates two campuses; one in Nashua, New Hampshire and one in Athens, Greece and is accredited by the New England Commission of Higher Education (NECHE). The Athens Campus is located in a walking distance from the Acropolis, the Parliament, ancient Greek and Roman agoras, and the first modern Olympic stadium. Greece, the birthplace of democracy and cradle of western civilization, offers extraordinary opportunities for a rich learning experience. Yet, Athens is also a vibrant modern metropolis which remains affordable, safe, and friendly.*



*Your host, Bishop Demetrios of Mokissos, a recently retired auxiliary of the Greek Orthodox Archdiocese of America, served as the Chancellor of the Greek Orthodox Metropolis of Chicago for twenty-two (22) years. Long active in ecumenical, interfaith and social justice ministries, he has led numerous groups on pilgrimages to the Ecumenical Patriarchate in Turkey and historical sites in his ancestral homeland of Greece.*

# DEADLINE TO APPLY: MAY 1, 2023

## DAY 7 – Sunday, July 2nd, 2023

08:00: Departure for Nafplion

10:00: Visit the Byzantine Monastery of Hosios Loukas - Discussion on Byzantine Monasticism, Middle Byzantine Art & Architecture.

14:00: Lunch (included)

16:00: Visit a local vineyard in Nemea – Wine Tasting Experience

- Free time & Cultural Immersion
- Overnight in Nafplion

## DAY 8 – Monday, July 3rd, 2023

08:00: Departure for Mistras

11:00: Visit the Byzantine Capital of the Despotate of Morea —Discussion on Late Byzantine period

14:00: Lunch in Mistras (included)

17:00: Departure for Spetses from Costa (sea taxis)

- Overnight in Spetses.

## DAY 9 – Tuesday, July 4th, 2023

10:00: Visit at the Bouboulina's Museum

—Discussion on the Greek War of Independence

12:00: Free time at the beach – lunch (not included)

- Return to Athens (flying dolphin)
- Free evening

## DAY 10 – Wednesday, July 5th, 2023

10:00: Lecture and Discussion: “A Panorama of Byzantine Music” (HAUniv Faculty member)

12:00: Lunch (included)

19:00: Greek Dances Lesson at the Dora Stratou Theater in Plaka (use of metro)

21:00: Performance of the Dora Stratou Theater Company

## DAY 11 – Thursday, July 6th, 2023

10:00: Visit the Temple of Poseidon at Cape Sounion (HAUniv Faculty Member)

13:00: Lunch in Kalyvia at Christoforos Tavern (included)

15:00: Departure for Athens

## DAY 12 – Friday, July 7th, 2023

- Free Day at the beach
- Time to relax, enjoy, and pack
- 19:00: Farewell Dinner

## DAY 13 – Saturday, July 8th, 2023

- Departure

## 2. Financial Details:

The cost for this program is **\$4,090 per student**. The price has been calculated for a group of minimum 15 students and one faculty member/ chaperon.

### *The price includes:*

- 3 credits
- Transfers from and to Athens International Airport (assuming group arrival and departure)
- Accommodation with Breakfast
- Welcome Lunch/Dinner and Farewell Lunch/Dinner
- All lunches marked as included
- Transportation and accommodation with breakfast during traveling
- Guided tours by HAUniv Faculty Members
- Tickets to all archaeological sites
- Traditional Greek Dances Course and Performance
- Cooking Class
- Wine Tasting Experience
- Cost for one faculty member/ chaperon

### *The price does not include:*

- Airfare
- Travel insurance

